

JANUARY 2024

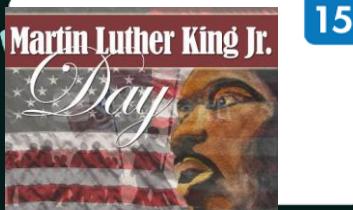
Palm Bay Academy

8 oz of Milk is served with Breakfast and Lunch
Lactose free is available.

Monday



Build your own Sloppy Joe
Spring Mix / Ranch
Pineapple



Fried Chicken & Tater Tots
California Vegetables
Applesauce

Boneless Wings/ Fries
Dinner roll, Celery sticks,
Carrots, Ranch Dressing
Tropical Fruit

Tuesday



Beef Soft Tacos Lettuce & Tomatoes, Cheese, Salsa
Seasonal Fruit

Chicken & Cheese Enchiladas
Shredded lettuce and diced tomatoes
Oranges

Burritos
Cowboy Salad (Mexicorn & Blackbeans)
Banana

Quesadilla
Mexican Rice, Frijoles
Tropical Fruit

Wednesday



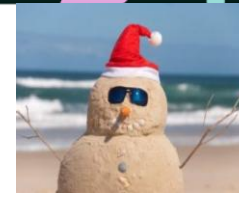
Beef Raviolis, Spinach, Onion, Mushroom, Zucchini
Garlic Bread
Mixed Fruit

Pizza
Carrot, Broccoli/ Ranch
Applesauce

Mozzarella Stick/ Marinara Sauce
Celery/ Carrots w/ ranch
Pineapples

Spaghetti and Meatballs
Garlic Knots, Peas
Pineapple

Thursday



Meatballs and Gravy
Mashed Potatoes
¾ cup Green Bean,
Seasonal Fruit

Swedish meatballs w/ Yellow Rice
Broccoli
Banana

Cheeseburger
Fries/Pickle, Romaine Lettuce & tomato
Pears

Friday



Grilled Cheese, Chicken Noodle Soup
Garden Salad/
Apple

Yogurt, Cheese stick, WG Crackers, Celery
Hummus
Mandarin Orange

Turkey & Cheese Sandwich
Carrots/ Celery Hummus
Apple

If your child will be late, please inform the cafeteria. By 8:30 am at elementary. By 9:30 am at middle school